For filings with the FSA include the annex For filings with issuer exclude the annex

TR-1: NOTIFICATION OF MAJOR INTEREST IN SHARES¹

1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attached: "			Adams Plc		
2 Reason for the notification (please tick the appropriate box or boxes):					
An acquisition or disposal of voting rights					
An acquisition or disposal of qualifying financial instruments which may result in the acquisition of shares already issued to which voting rights are attached					
An acquisition or disposal of instruments with similar economic effect to qualifying financial instruments					
An event changing the breakdown of voting rights					
Other (please specify): Issue of new shares - dilution					
3. Full name of person(s) subject to the notification obligation: [™]		C	RA Limited		
4. Full name of shareholder(s) (if different from 3.): ^{iv}					
5. Date of the transaction and date on which the threshold is crossed or reached: ^v	23 September 2015				
6. Date on which issuer notified: 24 September			mber 2015		
7. Threshold(s) that is/are crossed or reached: vi, vii	Down 28% through 24%				

8. Notified details:							
A: Voting rights attached to shares ^{viii, ix}							
Class/type of Situation previous to the triggering transaction		Resulting situation after the triggering transaction					
if possible using the ISIN CODE	Number Number of of Shares Voting Rights	Number of shares	Number of voting % of voting rights		rights ^x		
		Direct	Direct ^{xi}	Indirect xii	Direct	Indirect	
Ordinary shares GB00B29YYY86	6,496,128	6,496,128	9,645,531	9,645,531		23.4%	

B: Qualifying Financial Instruments					
Resulting situation after the triggering transaction					
Type of financial instrumentExpiration date xiiiExercise/ Conversion Period xivNumber of voting rights that may be acquired if the instrument is exercised/ converted.% of voting rights					

C: Financial Instruments with similar economic effect to Qualifying Financial Instruments xv, xvi						
Resulting situation	after the trig	gering transa	ction			
Type of financial instrument						g rights ^{xix,}
					Nominal	Delta

Total (A+B+C)	
Number of voting rights	Percentage of voting rights
9,645,531	23.4%

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable: xxi

Proxy Voting:	
10. Name of the proxy holder:	
11. Number of voting rights proxy holder will cease to hold:	
12. Date on which proxy holder will cease to hold voting rights:	

13. Additional information:	
14. Contact name:	James Sutcliffe
15. Contact telephone number:	01534 719761