TR-1: NOTIFICATION OF MAJOR INTEREST IN SHARES

1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attached: "		Adams Plc		
2 Reason for the notification (please tick the	appropriate	e box or boxes):		
An acquisition or disposal of voting rights			Х	
An acquisition or disposal of qualifying financial instruments which may result in the acquisition of shares already issued to which voting rights are attached				
An acquisition or disposal of instruments with similar economic effect to qualifying financial instruments				
An event changing the breakdown of voting rights				
Other (please specify):				
3. Full name of person(s) subject to the notification obligation:		Mr Robert Quested		
4. Full name of shareholder(s) (if different from 3.):				
5. Date of the transaction and date on which the threshold is crossed or reached: ^v				
6. Date on which issuer notified:		26 th August 2014		
7. Threshold(s) that is/are crossed or reached: vi, vii		15%		

8. Notified detail	ls:						
A: Voting rights	attached to	shares viii,	ix				
Class/type of shares	Situation pr to the trigge transaction	ering	Resulting s	ituation afte	r the triggeri	ng transactio	on
if possible using the ISIN CODE of	Number of		Number Number of voting of shares rights		% of voting rights *		
	Shares	Voting Rights	Direct	Direct xi	Indirect xii	Direct	Indirect
	1187500	1187500	3562500	3562500		15.425	
IM00B986V543	1.57666	1	0002000			10.120	

B: Qualifying Fina	ncial Instrume	ents		
Resulting situation af	ter the triggering	transaction		
Type of financial instrument	Expiration date xiii	Exercise/ Conversion Period xiv	Number of voting rights that may be acquired if the instrument is exercised/ converted.	% of voting rights

Resulting situation	after the trig	gering transa	ction			
Type of financial instrument	Exercise Expiration date xvii Exercise/ Conversion period xviii Exercise/ Instrument refers to		voting rights x			
					Nominal	Delta

Total (A+B+C)		
Number of voting rights	Percentage of voting rights	
3562500	15.425	

9. Chain of controlled undertakings thro financial instruments are effectively hel	ugh which the voting rights and/or I, if applicable: ^{xxi}	the
Proxy Voting:		
10. Name of the proxy holder:		
11. Number of voting rights proxy holde to hold:	r will cease	
12. Date on which proxy holder will cea	e to hold	
		300
13. Additional information:		
14. Contact name:	Mr Robert Ques	sted
15. Contact telephone number:	00350540298	23

Note: Annex should only be submitted to the FCA not the issuer

Annex: Notification of major interests in shares^{xxii}

A: Identity of the persons or legal entity sub	ject to the notification obligation
Full name (including legal form of legal entities)	
Contact address (registered office for legal entities)	
Phone number & email	
Other useful information (at least legal representative for legal persons)	
B: Identity of the notifier, if applicable	
Full name	
Contact address	
Phone number & email	
Other useful information (e.g. functional relationship with the person or legal entity subject to the notification obligation)	
C: Additional information	

For notes on how to complete form TR-1 please see the FCA website.