Adams Plc

("Adams" or the "Company")

Issue of Equity

The Board of Adams announces that the Company has issued 3,050,000 new Ordinary Shares in the Company pursuant to the exercise of warrants.

Application has been made for the 3,050,000 new Ordinary Shares to be admitted to trading on AIM, which is expected to occur on or around 8 September 2014. The new Ordinary Shares will rank pari passu with the existing Ordinary Shares in issue. Following the issue of the new Ordinary Shares outlined above, there will be 20,719,798 Ordinary Shares in issue. This number may be used by shareholders in the Company as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change in their interest in, the share capital of the Company.

For further information, please contact:

Adams plc

Nicholas Nelson Tel: +44 7921 522 920

Nomad

Cairn Financial Advisers LLP

Sandy Jamieson Tel: +44 207 148 7900

Broker

Peterhouse Corporate Finance Limited

Heena Karani Tel: +44 207 469 3393